

BETH EL JEWISH CENTER OF FLATBUSH

About Our Organization

Beth El Jewish Center of Flatbush is a warm welcoming place ever since we were established in 1922. We invite you to get to know us. Feel free to experience our davening, classes, and share in our weekly hot Kiddush, sponsored by The Steven A. Greenberg Foundation.

Come Join Us!

- Boy Scouts for Kindergarten and up (Menachem's cell 917-468-3432)
- Youth Groups (Shabbat Day- 10:15AM)
- Rabbi's Classes (Every Friday, Shabbat, Sunday, & Monday)
- And Much More!

We're on Facebook & Whatsapp!

Send us an email
betheljewishcenter@gmail.com

D'var Torah by Rabbi Goldstein

In this weeks Parsha the Pasuk writes "V'hasir Hashem Mimcha Kol Choli V'Chol Midoy Mitzrayim "Hashem will remove from you all illnesses and all diseases of Mitzrayim" (7:15). The Pasuk discusses two types of sicknesses: "Kol Choli V'Chol Midoy", "all illnesses and all diseases of Mitzrayim", what is the significance of using the two different words for the same point? Essentially, what is the difference here between the illness and disease which will be removed from us?

The Gemara Yerushalmi (Shabbos 14:3) teaches "Kol Choli Ze Harayon", that when the Torah says that Hashem will remove all illnesses, this means that Hashem will remove all fears and worries from us." What, illness is worries? We can explain this in two ways: One is that there are people, who are totally well, but they suffer from hypochondria, and they think they're sick. This fear and worry is an illness in itself, and the Torah promises that if we keep the Torah, Hashem will heal us from it. A second form of worry, which I believe is the main message here, is worry about the future, to doubt ourselves and our abilities. To doubt our ability to be close to Hashem. Hashem promises that if we will go in the ways of the Torah, Hashem will remove these worries and 'illnesses' from us

The Pasuk refers to this is "the illness of Egypt". What does Egypt have to do with all this? The mental sickness of Egypt is being a slave. Not just physically being in servitude, but to have a slave mentality. Every year on Pesach we are celebrating not only the physical Exodus from Egypt, but our constant struggle with the "Mitzrayim" (Egypt) mindset. To be a slave means you have no sense of self, you are completely subjected to whatever masters you. The Kedushas Levi says the word "Pesach" stands for "Pe" (mouth) "Sach" (speaks), our redemption is in our ability to be mentally free and focused in speaking to Hashem and to all people around is in a real way. Through following the Torah a person can reach true freedom. We should all be Zoche to receive all of the Bracha's from this weeks Parsha!

Shabbat Times

Candle Lighting:
7:38 PM

Kabbalat Shabbat: 7 PM

Shacharit: 8:45 AM

Rabbi's class: 6:50 PM

Mincha: 7:20 PM

Shabbat Concludes
8:50 PM

Announcements

The High Holidays are around the corner. Visit the main office to reserve your seats today!

*

Come join our Facebook and WhatsApp group for the latest announcements and information! Send us your number via email and a Facebook request to join.



Israel Update

Ambassador Haley Presses UNIFIL to Thwart Spread of Hezbollah Weapons

On Aug. 7, U.S. Ambassador to the United Nations (U.N.) Nikki Haley [urged](#) the U.N. Interim Force in Lebanon (UNIFIL) to increase its efforts to prevent Hezbollah from acquiring illegal weapons. Haley [stated](#) that the United States is seeking "significant improvements" to UNIFIL as the U.N. Security Council (UNSC) considers later this month the renewal of UNIFIL's mandate—set to expire on Aug. 31. "These arms—which are almost entirely in the hands of Hezbollah terrorists—threaten the security and stability of the region. UNIFIL must increase its capacity and commitment to investigating and reporting these violations," [said](#) Haley. Ambassador Haley's statement came in response to an Aug. 4 letter from U.N. Secretary-General Antonio Guterres to the UNSC regarding ways UNIFIL could potentially "enhance its efforts." "We share the Secretary-General's strong desire to enhance UNIFIL's efforts to prevent the spread of illegal arms in southern Lebanon," [said](#) Haley. "The United States will continue to raise the threat posed by Hezbollah as we seek significant improvements to UNIFIL when the Security Council renews its mandate this month."